

● SPAIN ● CYPRUS ● GREECE
● ROMANIA ● TURKEY ● R. of NORTH
MACEDONIA ●



Co-funded by
the European Union



In Green We Trust

Youth Exchange,
Alicante, Spain

29.03-06.04 2023

Project General Description

Coordinating organization:

- Pilgrimage to Europe - Spain

Partners:

- Stressball - Cyprus
- ENTREPRENEURSHIP AND SOCIAL ECONOMY GROUP - Greece
- Vocea Copiilor Abandonati - Romania
- CENTAR ZA RURALEN RAZVOJ - JIE STRUGA ZDRUZENJE - The Republic of North Macedonia
- Ankara Eğitim Gönüllüleri Derneği - Türkiye

Why this project:

The youth exchange is designed to enable young participants to challenge the status quo and find their voice. The overall objective of the project is to raise awareness about climate change among participants and to provide practical tools and methods that can be used in everyday life by young people who want to shape a more sustainable world.

Project objectives:

- Empower participants to create a better future for our planet by acquiring practical skills and exploring the role that technology can play in combating climate change by engaging participants in informal and non-formal education activities
- Enable participants to explore why apathy is a real threat to climate change and how they can become climate activists
- To enable participants to acquire useful knowledge, skills and tools for a sustainable lifestyle
- Enable participants to discover how they can use digital tools to build resilience and resistance and to be the proactive leaders of tomorrow
- To provide participants with information about environmental protection and how they and their community can become environmentally friendly
- Enable participants to take action on climate change, sustainable development and protection environment through civic engagement skills and tools
- Increase participants' knowledge of the European Green Deal and enable them to discover how they can be an active agent in achieving the objectives of the pact.

Participants

- **6 participants per country (5 youngsters aged 18-26 +1 leader with no age limit)**
- In each country group there should be at least 3-4 participants with fewer opportunities (living in rural area, unemployed, difficulties with studying, migrant background, etc etc etc). Gender balance of national groups is advised; however, gender should not be an exclusion criterion for motivated participants.
- Once selected by the sending organisations participants will:
 - Complete an online participation form
 - Make necessary arrangements for their travel
 - Join a WhatsApp and Facebook group where they will start the preparation for the activities
 - Sign a learning agreement

- Participants are responsible for having their European Health Card or an insurance that covers the risks associated with the participation in this project
- Each national group is responsible for the facilitation of activities during one day (days will be assigned randomly unless from the application form will result a participant has a specific skill related to the planned activities). Of course, they will be supported by the project facilitator and preparation will be done in advance for each group.

For example:

Day 2: Cyprus Team

Day 3: Turkey Team

Day 4: N. Macedonia Team

Day 5: Romania Team

Day 6: Greece Team

(Day 1 and Day 7 will be facilitated by the Spanish team).

Travel Information

Deadline to purchase tickets is 24.02.2023

ONCE WE WILL KNOW YOUR ARRIVAL POINT AND HOUR IN ALICANTE WE WILL SEND DETAILED INFO ON HOW TO GET TO THE ACCOMMODATION!!

It is possible to get to Alicante by flying to Valencia airport (VLC) or Madrid Airport (MAD).

Option 1: Valencia Airport

- This can be an interesting option for participants from Turkey and Romania.
- Wizz Air flights from Cluj Napoca and Bucharest to Valencia airport.
- Turkish Airlines flights from Istanbul to Valencia.

Once in Valencia you can reach Alicante by bus. Buy the tickets in the official webpage <https://www.alsa.es/>

Option 2: Madrid Airport

Madrid airport is one of the best connected airports in the world. Just buy your ticket there and then reach Alicante by train or bus.

Important! Buy always from the official webpage.

Buses: www.alsa.es

Train: www.renfe.com

Please note RENFE trains can have additional charges for extra luggage.

Option 3: Other options

There are other airports around like Alicante and Murcia, sadly these airports are not well connected to your countries. But if you are good at planning and you found a more suitable travel option: great! Any option is good as soon as it complies with Erasmus + rules:

- Under your travel budget and respecting distance band (we will need to register real kilometres and if the distance band decreases the travel budget will decrease)
- **NOTE! You can arrive in Spain a few days before the activity or stay a few days longer after to see around or to travel a bit. However, this should be done at your own expenses.**

If you have any doubt or question regarding the travel please contact us!!!!

Travel Costs

Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate given by the Spanish National Agency for this project. The reimbursement will be made only in one bank account for each country and then participants will manage transfers between themselves. Reimbursement will be made only after participants provide all the required documents and proof of payment and will complete their dissemination task.

Arrival and Departure Information

29th of March is arrival day at the location. The official program starts on 30th of March. The settling into the accommodation is not early than 12:00 h on 29.03.2023

06th of April is the departure day. The check-out should be performed after breakfast.

Maximum amount to be reimbursed per person:

Country	Number of Participants	Travel Cost per Person
Spain	6 (5 youngsters +1 leader)	23 euro
Romania	6 (5 youngsters +1 leader)	275 euro
Cyprus	6 (5 youngsters +1 leader)	530 euro
The Republic of North Macedonia	6 (5 youngsters +1 leader)	275 euro
Turkey	6 (5 youngsters +1 leader)	360 euro

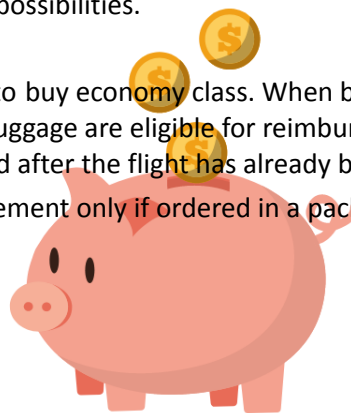
Greece	6 (5 youngsters +1 leader)	360 euro
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Remember that this amount can be reimbursed only based on receipts and other proofs of payment and that travel costs will be reimbursed on the basis of the CHEAPEST possibilities.

Business class tickets will not be reimbursed, so make sure to buy economy class. When booking your flight, please keep in mind that only 1 cargo luggage and 1 cabin luggage are eligible for reimbursement. Any extra luggage will NOT be reimbursed as well as any luggage booked after the flight has already been booked.

Priority boarding and reserved seats are eligible for reimbursement only if ordered in a package that includes luggage and that is cheaper than ordering the luggage alone.

Taxis and private vans are NOT eligible for reimbursement.



Screenshots and Mobile format transport documents are not eligible for reimbursement except if from the beginning there is no alternative to get an A4 transport document. To contribute to environmental protection, please try to use electronic transport documents only and when possible, do your check-in online to get an A4 boarding pass in pdf format. Keep and save all your documents!

Physical documents of arrival will must be given during the Youth Exchange, while physical documents of departure will have to be sent by the post after the Youth Exchange (feel free to reunite all documents of your team and send only one envelope & VERY IMPORTANT!: take clear and good quality pictures of the documents before sending them, in case anything happens), electronic documents will need to be sent to us after the Youth Exchange.

IMPORTANT!

In order to receive their reimbursement, each participant should provide:

- **Booking (usually a booking email, there must be price and name of the person stated on it, print the email as PDF).**
- **Boarding passes / Tickets (in case of loss – please get a confirmation from the airlines, that the flight was taken)**
- **Invoices that are considered a proof of payment and yes, even if you have a ticket, our accounting still needs an INVOICE.**
- **Online Check-in should be made before your departure so you do not have to send the physical boarding pass by the post**

Thus, we ask you to save all documents (ORIGINAL tickets, boarding passes, invoices or bills with the ticket price) which are related to your travel, since the documentation background is obligatory for reimbursement.

Insurance & other costs

Keep in mind that you are self-responsible for sufficient insurance (illness/personal liability/cancellation/theft etc.). The hosting organization takes no responsibility for the insurance. Make sure you have travel insurance valid for Spain during the entire activity or travel period. We advise you to travel with your European Health Insurance Card (EHIC) if you come from a European Union member state. Considering that vaccine is available

and free in every country participating, the hosting organisation cannot cover any costs incurred by Covid19 tests, quarantines or other events related to it (except Turkey where necessary for visa purposes).

Accommodation and Food

Please find a link to the accommodation here: <https://reaj.com/albergues/juvenil-la-florida/>
The youth exchange will take place in the coastal city of Alicante, southwest. The participants will be hosted in the youth hostel Albergue Juvenil La Florida. This is a large complex consisting of many rooms with up to 4 beds and private bathrooms. Please bring towels and hygiene products.

Breakfast, lunch and dinner are provided at the accommodation. Special dietary needs will be, of course, taken into consideration 😊

Since we will organise an intercultural evening, remember to bring some food and drinks! More info about this will be provided on the participants group!

Activities

Participants are at the centre of activities programme. Therefore, each country group will be responsible for facilitating one of the Youth Exchange days. Complete structure and programme for the day will be provided to each group! This will be your chance to develop several skills!

The distribution of days per country group will be made randomly 😊 Each day is composed of 4 sessions, which are fun and engaging. In the participants group we will share a detailed schedule.

As part of the exchange, participants will explore how technology can help make a meaningful contribution to inspiring a better world. By learning practical skills and exploring the role that technology can play in tackling climate change, participants will be encouraged to give ways to create a better future for our planet. The exchange uses non-formal education methods such as: role-playing, simulations, experiential activities, brainstorming, group work, creative thinking techniques.

Group leaders will be responsible for helping young people facilitate the sessions. The non-formal nature of the planned methods allows for a full involvement of all participants, developing many of the skills, such as proactivity, communication skills and initiative.

Practical Information

Facebook Group – please join only if you are selected as participant by your organisation

Please join the Facebook group of the project and let's start getting to know each other. Here is the code:



WhatsApp Group – please join only if you are selected as participant by your organisation

<https://chat.whatsapp.com/CQxPHBa3zfs6xmdwuafzap>

Currency in Spain

EURO

USEFUL CONTACTS

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